

Suggested Kindness activities

Help mom or dad with dinner

Put together a care package for a missionary or someone in the military.

Stock up on warm hats and gloves and donate them to the homeless shelter

Gather toys and books and donate to a children's hospital

Serve a meal at a local soup kitchen

Donate pet food to the local pet shelter

Be secret Santa to a family in need.

Pay for the person behind you in the drive-thru

Offer to babysit for a single mom you know, so she can go shopping

Find an area in your town that is littered and clean it up.

Bring hot chocolate to the Salvation Army collectors

Take dinner to another family

Go Christmas caroling in your neighborhood

Leave candy canes on the windows of cars in a parking lot

Take hot chocolate items for a service worker in your community

Make cards for your bus driver and teachers

Go through your toys and choose to donate a few

Buy a new toy and donate it to your local women's shelter or toy drive